

Jonna SMEDBERG

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Actor Training

- 2025 - 2026 Actors Academy Finland, Advanced Actor's Lab, part-time training based on Meisner technique
- 2023 - 2024 Actors Academy Finland, One Year Training, part-time training based on Meisner technique

Camera Acting Experience

- Actors Academy Finland Actor's Advanced Lab: a scene shot with Director/Producer Tim Kent (UK)
- Actors Academy Finland One Year Training: two scenes shot with Director/Actor Pamela Tola (FIN)
- Actors Academy Finland One Year Training: a scene shot with UK Director/Actor James Larkin (UK)



Workshops

- Sep 2025 Advanced Camera acting workshop with Finnish Director/Actor Mari Rantasila, Helsingin Teatterikoulu (Helsinki, Finland)
- Jan – March 2025, weekly online group coaching with Actor/Acting Coach Tom Sawyer
- Nov 2024, Läsnäoleva näyttelijäntyö, näyttelijäntyö teatterille i.e. workshop on acting for theatre with Finnish Actor Jenni Kokander, Helsingin Teatterikoulu (Helsinki, Finland)
- Jan – Feb 2023 Intro to Meisner Technique, online workshop with Acting Coach Dominic Kelly, Salon Collective (UK)
- Sep 2022 Camera acting workshop with Director/Actor Heikki Slåen, Helsingin Teatterikoulu (Helsinki, Finland)
- Feb – March 2022 Online Monologue workshop with Acting Coach Dominic Kelly, Actors Academy Finland
- 01/2022 Monologue workshop with Actor Mia Kavasto, Helsingin Teatterikoulu
- 2021-2022 Musical theatre, a weekly workshop, Kuopion Kansalaisopisto

Languages

Finnish	Native
English	Very fluent
French	Fluent
Swedish	Conversational

Skills

Improvisation, karate (black belt), yoga, acupuncture, reflexology, horseback riding (solid beginner level), dance (not professional)